

Thursday, 01 February 2018

[Health and Social Wellbeing Improvement](#)



This booklet for childminders and staff in day nurseries, playgroups and crèches outlines straightforward, practical advice and information on a range of nutritional issues related to children up to the age of five to ensure each child gets all the nutrients they need to stay healthy.

Details

Format

A4 colour booklet, 48 pages

Target group

Childminders and staff in other childcare settings who provide food for children under five.

Downloads

Attachment	Size
Nutrition Matters for the early years 0118.pdf	2.28 MB

Tags

- [nutrition](#)
- [early years](#)

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