

Wednesday, 20 November 2024  
[Health and Social Wellbeing Improvement](#)



This leaflet outlines how staff in primary care settings can help people who self-harm to access SHIP (the self-harm intervention programme) for counselling and support. It highlights the need for assessment by mental health professionals as part of the referral process and also explains how staff can signpost family and friends of patients to SHIP directly for a short period of education and support.

## Details

Format

6 pages, A5 leaflet

Target group

Primary care staff who may come into contact with people who self-harm, and their families or carers

## Downloads

Attachment	Size
<a href="#">SHIP: self-harm intervention programme. Information for primary care staff 11.24</a>	2.13 MB

## Tags

- [mental health](#)
- [self-harm](#)

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