

COVID-19 vaccine

Waiting after your COVID-19 vaccination

Until now, people receiving the Moderna or Pfizer vaccines have been asked to wait for 15 minutes in case of serious allergic reaction.

This 15 minute wait has now been suspended for adults, unless you have ever experienced a serious allergic reaction.

For more information scan the QR code:



www.pha.site/15min

You should look out for the following symptoms of a serious allergic reaction:

Airway



- persistent cough
- vocal change (hoarse voice)
- swollen tongue causing difficulty swallowing

Breathing



- difficult or noisy breathing
- wheezing (like an asthma attack)

Consciousness



- feeling lightheaded or prolonged faint
- clammy skin
- confusion
- unresponsive/unconscious

These symptoms typically happen within 15 minutes of vaccination. If you experience any of these, call out for help and **ring 999 immediately** (or ask someone to do this for you).