

# NO SMOKING DAY

8TH MARCH  
2017

*“I quit for my  
girls and to  
save money.”*



BE PROUD TO  
BE A **QUITTER**



For help and information on  
free stop smoking services visit [want2stop.info](http://want2stop.info)

Produced by the Public Health Agency, Tel: 0300 555 0114 (local rate)